

How can I help my college student?

- Communicate regularly with your college student.
- Inquire about their classes, assignments and workload. Talk about time management skills.
- Encourage your student to meet with their professors and advisors on a regular basis.
- Learn about services to support your student at the university or college (tutor services, health services, counseling services, etc.)
- Be sure to file important documents for completion of FAFSA or scholarships if necessary.
- Let your student know that their college education is important to you.
- Make plans to visit your student!

