



Crosswalk CASEL's Core SEL Competencies to AVID

“Social and emotional learning (SEL) enhances students’ capacity to integrate skills, attitudes, and behaviors to deal effectively and ethically with daily tasks and challenges. Like many similar frameworks, CASEL’s integrated framework promotes intrapersonal, interpersonal, and cognitive competence.”¹

SELF-AWARENESS

Recognizing Strengths			
Related AVID Anchor Standards	AVID Curricula ²	Core Strategies	AVID Professional Learning Opp’s ³
<ul style="list-style-type: none"> Demonstrate self-awareness strategies and skills (SA.SE.9) 	<ul style="list-style-type: none"> <i>AVID Bridges to Success</i> (Ch. 6) <i>AVID College and Careers</i> (Ch. 1) <i>AVID Critical Thinking and Engagement</i> (Ch. 2) 	<ul style="list-style-type: none"> SLANT Identifying Learning Preferences Activities to Explore Self-Awareness 	<ul style="list-style-type: none"> AVID Bridges to Success Counseling: Middle School or Counseling: High School AVID Elective: New or Advancing

SELF-MANAGEMENT

Stress Management			
Related AVID Anchor Standards	AVID Curricula	Core Strategies	AVID Professional Learning Opp’s
<ul style="list-style-type: none"> Attend to personal health, safety, and balance (including digital security) (SA.SE.3) 	<ul style="list-style-type: none"> <i>AVID College and Careers</i> (Ch. 1) <i>AVID Critical Thinking and Engagement</i> (Ch. 2) 	<ul style="list-style-type: none"> Managing Stress and Anxiety 	<ul style="list-style-type: none"> Counseling: Middle School or Counseling: High School AVID Elective: New or Advancing
<ul style="list-style-type: none"> Self-monitor and seek help when necessary (SA.SE.7) 	<ul style="list-style-type: none"> <i>AVID College and Careers</i> (Ch. 1) <i>AVID Critical Thinking and Engagement</i> (Ch. 5) 	<ul style="list-style-type: none"> Building Social Support Networks 	<ul style="list-style-type: none"> Counseling: Middle School or Counseling: High School AVID Elective: New or Advancing

Self-Motivation

<ul style="list-style-type: none"> Develop, demonstrate, and maintain motivation (SA.SE.6) 	<ul style="list-style-type: none"> <i>AVID College and Careers</i> (Ch. 1) 	<ul style="list-style-type: none"> Monitoring Motivation 	<ul style="list-style-type: none"> Counseling: Middle School or Counseling: High School
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Goal-Setting

<ul style="list-style-type: none"> Identify and plan for the steps necessary to accomplish various types of goals (AP.O.3) 	<ul style="list-style-type: none"> <i>Preparing for College</i> (Ch. 6) <i>AVID Critical Thinking and Engagement</i> (Ch. 2) 	<ul style="list-style-type: none"> Goal, Plan, Action (GPA) SMART Goals 	<ul style="list-style-type: none"> Preparing for College Advancing the AVID Elective
<ul style="list-style-type: none"> Monitor progress toward goals and revise appropriately, leveraging technology (AP.O.4) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 2) 	<ul style="list-style-type: none"> Time Logs 	<ul style="list-style-type: none"> AVID Elective: New or Advancing

Organizational Skills

<ul style="list-style-type: none"> Routinely utilize organizational systems to access and archive materials efficiently (AP.O.1) 	<ul style="list-style-type: none"> <i>AVID College and Careers</i> (Ch. 2) <i>AVID Elementary Foundations</i> (Ch. 4) <i>AVID Writing for Disciplinary Literacy</i> (Ch. 2) 	<ul style="list-style-type: none"> Organizing Materials Portfolios eBinders 	<ul style="list-style-type: none"> “O” is for Organization Counseling: Middle School or Counseling: High School
<ul style="list-style-type: none"> Organize and allocate time based on priorities and task completion (AP.O.2) 	<ul style="list-style-type: none"> <i>AVID College and Careers</i> (Ch. 2) <i>AVID Elementary Foundations</i> (Ch. 4) 	<ul style="list-style-type: none"> Backwards Mapping 	<ul style="list-style-type: none"> “O” is for Organization
<ul style="list-style-type: none"> Organize information, indicating relationships between ideas (AP.O.5) 	<ul style="list-style-type: none"> <i>AVID Elementary Foundations</i> (Ch. 4) <i>AVID Writing for Disciplinary Literacy</i> (Ch. 4) 	<ul style="list-style-type: none"> Socratic Seminar Philosophical Chairs Graphic Organizers 	<ul style="list-style-type: none"> Cognitive Organization by Discipline

SOCIAL-AWARENESS

Appreciating Diversity			
Related AVID Anchor Standards	AVID Curricula	Core Strategies	AVID Professional Learning Opp's
<ul style="list-style-type: none"> Work productively and effectively in diverse teams with diverse perspectives (AP.C.2) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 3) <i>AVID Tutorial Guide</i> (Unit 3) <i>AVID Reading for Disciplinary Literacy</i> (Ch. 6) 	<ul style="list-style-type: none"> Philosophical Chairs Collaborative Structures 	<ul style="list-style-type: none"> Philosophical Chairs Culturally Relevant Teaching: Transforming Educators Tutorology
Respect for Others			
<ul style="list-style-type: none"> Respect individual contributions (AP.C.4) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 3) <i>AVID Culturally Relevant Teaching</i> (Unit 4) 	<ul style="list-style-type: none"> Socratic Seminar Philosophical Chairs Collaborative Structures 	<ul style="list-style-type: none"> Philosophical Chairs Culturally Relevant Teaching: Empowering Students

RELATIONSHIP SKILLS

Communication			
Related AVID Anchor Standards	AVID Curricula	Core Strategies	AVID Professional Learning Opp's
<ul style="list-style-type: none"> Clearly communicate verbally and nonverbally, including appropriate usage of technology (AP.C.7) 	<ul style="list-style-type: none"> <i>AVID Academic Language and Literacy</i> (Ch. 4) 	<ul style="list-style-type: none"> Socratic Seminar Philosophical Chairs Collaborative Structures 	<ul style="list-style-type: none"> AVID Academic Language and Literacy
Relationship-Building			
<ul style="list-style-type: none"> Establish and maintain relational capacity with others (AP.C.3) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 1) <i>AVID Culturally Relevant Teaching</i> (Unit 1) <i>AVID Elementary Foundations</i> (Ch. 3) 	<ul style="list-style-type: none"> Relational Capacity Activities 	<ul style="list-style-type: none"> Culturally Relevant Teaching: Empowering Students AVID Elementary: Foundations Implementation (Grades K-2) AVID Elementary: Foundations Implementation (Grade 3-6)

RESPONSIBLE DECISION-MAKING

Identifying Problems			
Related AVID Anchor Standards	AVID Curricula	Core Strategies	AVID Professional Learning Opp's
<ul style="list-style-type: none"> Identify specific questions based on a misunderstood concept or problem (AP.I.2) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 4) <i>AVID Elementary Foundations</i> (Ch. 2) <i>AVID Tutorial Guide</i> (Unit 2) 	<ul style="list-style-type: none"> Socratic Seminar Collaborative Study Groups Higher-Level Thinking 	<ul style="list-style-type: none"> Socratic Seminar Using Collaborative Study Groups in the Content Classroom AVID Elementary: Foundations Implementation (Grades K-2) AVID Elementary: Foundations Implementation (Grade 3-6) Tutorology
Reflecting			
<ul style="list-style-type: none"> Continuously reflect and modify actions to promote learning and academic success (AP.I.5) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 2) <i>AVID Writing for Disciplinary Literacy</i> (Ch. 2) <i>AVID Tutorial Guide</i> (Unit 4) <i>AVID Reading for Disciplinary Literacy</i> (Ch. 2) 	<ul style="list-style-type: none"> Socratic Seminar Quickwrites Learning Logs Philosophical Chairs Collaborative Study Groups Focused Note-Taking (Phase 4) 	<ul style="list-style-type: none"> Using Collaborative Study Groups in the Content Classroom Writing to Learn and Interactive Notebooks Across Content Areas Content-Specific Critical Reading
Ethical Responsibility			
<ul style="list-style-type: none"> Demonstrate integrity and ethical leadership, including online (SA.LO.1) 	<ul style="list-style-type: none"> <i>AVID Critical Thinking and Engagement</i> (Ch. 5) <i>AVID Tutorial Guide</i> (Unit 3) 	<ul style="list-style-type: none"> Socratic Seminar 	<ul style="list-style-type: none"> Student Leadership Digital Teaching & Learning

¹ Collaborative for Academic, Social, and Emotional Learning (n.d.) Core SEL competencies. Retrieved from <https://casel.org/core-competencies>

² For additional resources to meet students' Social and Emotional needs via remote learning, see <https://avidopenaccess.org/collections/meet-students-social-and-emotional-needs-during-remote-learning/>

³ For information on all AVID Professional Learning Opportunities, visit <https://www.avidpl.org/>