

AVID® and Social and Emotional Learning

AVID resources support students' social, emotional, and academic development.

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us**

Explore SEL-related
AVID Professional
Learning offerings:

www.AVIDPL.org

Social and Emotional Learning

SELF-AWARENESS

AVID students perform goal-setting exercises, as well as self-inventories on their learning styles, and self-identify their personal priorities.

SELF-MANAGEMENT

Organization—including focused note-taking, information management, time management, and goal setting—is one of the main cornerstones of every AVID classroom.

SOCIAL AWARENESS

AVID classes are structured to empower students to navigate and influence their environment.

RELATIONSHIP SKILLS

Students are provided opportunities to develop their skills in order to effectively communicate and collaborate in an array of diverse settings.

RESPONSIBLE DECISION-MAKING

Through AVID's emphasis on inquiry, students can explore issues more deeply in order to take a more thoughtful approach to challenges presented to them.



6 Ways AVID Helps to Improve Social and Emotional Learning at Your School

- > Reaching out to parents
- > Building relationships with students
- > Establishing norms
- > Making time for team-building activities
- > Taking it schoolwide
- > Building student choice into the school day

“ I am an AVID scholar that has a classroom family and a blood family. ”

5th Grade AVID Scholar
from <https://www.avid.org/blog/familia-in-the-classroom>