2.4 **Energizer: Stand Up and Spell!**

**Student Objective**
Students will communicate effectively through nonverbal communication.

**Overview**
This activity energizes students and gets their blood flowing as they use body movements to spell content-related vocabulary.

**Materials/Set-Up**
- List of words from current unit or lesson

**Instructional Steps**
- Direct all students to stand beside their desks.
- Tell students, “We are going to spell different words that we have used while studying [state the current unit or lesson]. The trick is that as we spell, you will remain standing for consonants, and then sit for vowels.”
- Practice slowly with the first words. Examples are included below:
  - A ↓ V ↑ I ↓ D ↑
  - C ↑ o ↓ l ↑ e g e e ↓ B ↑ o u ↓ n ↑ d ↑
- Repeat this process for a variety of words, picking up the pace a little with each word.

**Extension**
- To increase scaffolding:
  - For students who cannot easily stand and sit quickly or repeatedly, allow them to raise their hands for consonants and lower them for vowels.
  - For K–3 students, have a word spelled out on the board, with all of the consonants in one color (e.g., green) and all of the vowels in a different color (e.g., blue).