

2.4 Energizer: Stand Up and Spell!

Student Objective

Students will communicate effectively through nonverbal communication.

Overview

This activity energizes students and gets their blood flowing as they use body movements to spell content-related vocabulary.

Materials/Set-Up

- List of words from current unit or lesson

Instructional Steps

- Direct all students to stand beside their desks.
- Tell students, “We are going to spell different words that we have used while studying [state the current unit or lesson]. The trick is that as we spell, you will remain standing for consonants, and then sit for vowels.”
- Practice slowly with the first words. Examples are included below:
 - **A ↓ V ↑ I ↓ D ↑**
 - **C ↑ o ↓ l ↓ l ↑ e ↓ g ↑ e ↓ B ↑ o ↓ u ↓ n ↑ d ↑**
- Repeat this process for a variety of words, picking up the pace a little with each word.

Extension

- To increase scaffolding:
 - For students who cannot easily stand and sit quickly or repeatedly, allow them to raise their hands for consonants and lower them for vowels.
 - For K–3 students, have a word spelled out on the board, with all of the consonants in one color (e.g., green) and all of the vowels in a different color (e.g., blue).