

# **AVID** and Social and Emotional Learning

AVID resources support students' social, emotional, and academic development.

**Join  
us**

for Summer Institute  
or Path training in:

- Culturally Relevant Teaching: Transforming Educators
- Culturally Relevant Teaching: Empowering Students
- Counseling

## Social and Emotional Learning

### SELF-AWARENESS

AVID students perform goal-setting exercises, as well as self-inventories on their learning styles, and self-identify their personal priorities.

### SELF-MANAGEMENT

Organization—including focused note-taking, information management, time management, and goal setting—is one of the main cornerstones of every AVID classroom.

### SOCIAL AWARENESS

AVID classes are structured to empower students to advocate on behalf of in navigating and influencing their environment.

### RELATIONSHIP SKILLS

Students are provided opportunities to develop their skills in order to effectively communicate and collaborate in an array of diverse settings.

### RESPONSIBLE DECISION-MAKING

Through AVID's emphasis on inquiry, students can explore issues more deeply in order to take a more thoughtful approach to challenges presented to them.



### 6 Ways AVID Helps to Improve Social and Emotional Learning at Your School

- > Reaching out to parents
- > Building relationships with students
- > Establishing norms
- > Making time for team-building activities
- > Taking it schoolwide
- > Building student choice into the school day

*“ I am an AVID scholar that has a classroom family and a blood family. ”*

5th Grade AVID Scholar  
from <https://www.avid.org/blog/familia-in-the-classroom>